

The Rosary Mysteries.

The Joyful Mysteries (Monday and Saturday)

1. The Annunciation
2. The Visitation
3. The Nativity
4. The Presentation of Jesus in the Temple
5. Finding Jesus in the Temple

Luminous Mysteries - Mysteries of Light (Thursday)

1. The Baptism of the Lord
2. The Wedding of Cana
3. The Proclamation of the Kingdom of God
4. The Transfiguration
5. The Institution of the Eucharist

The Sorrowful Mysteries (Tuesday and Friday)

1. The Agony in the Garden
2. The Scourging at the Pillar
3. The Crowning with Thorns
4. The Carrying of the Cross
5. The Crucifixion

The Glorious Mysteries (Wednesday and Sunday)

1. The Resurrection
2. The Ascension
3. The Descent of the Holy Spirit
4. The Assumption
5. The Coronation of the Blessed Virgin Mary

Except Sundays of Advent and Christmas – say the Joyful mysteries and Sundays of Lent – say the Sorrowful mysteries.